

# Children's Choice Community Child Care Services

Provider Newsletter  
September 2019



## Important Dates:

Sept 2 - Closed - Stat

Sept 11 - Provider Meeting

Sept 18- Board AGM

## Provider Spotlight

### Arezoo Vahidi

Hi everyone,

My name is Arezoo Vahidi and I have been working with kids for about 5 years, as a teacher at daycare centres and as a day home provider located in Royal Oak NW. I decided to open up my day home because this is the job that I enjoy working, no matter how many challenges I have faced on the way.

I am a clinical psychologist and I love operating as a day home provider because, I can feed the little minds of the kids with love, care and respect also recognize and analyze their needs, interests and I could teach them the art of sharing. When I see these little angels every morning at my doorstep, they give me energy that motivates me through day. In my day home I'd love to share my reach culture of Persian heritage with the kids and show them both Persian and Canadian cultures and teach them how multiculturalism can help us learn and enjoy more from each other's different backgrounds.

I am so lucky that I have a great team of professionals like Children's choice agency staff and loyal parents behind my back who have always stayed with me through times.

In our day home, we do lots of fun activities such as dancing, painting, playing soccer, doing yoga, learning different languages and know about other cultures, reading English and Farsi stories, counting numbers, writing alphabets and tons of outdoor activities.

I believe that life is short, and we have to learn from these kids, how to enjoy and spend every second of it.



## Agency Notes

As we enter another fun-filled school year, if any of your schedules have changed with picking up or dropping off children please make sure you update your daily routine and submit a copy to your consultant so that visits can be planned accordingly.

Thank you!

# Children's Choice Annual General Meeting 2018

**Wednesday, September 18, 2019  
6:00pm-8:00pm**

**Dover Community Hall  
3133-30th Avenue S.E.**

- **Learn about your child's program**
  - **Daycare accredited**
  - **Family Day homes accredited**
    - **Out-of-school accredited**
- **Elect your new board! Or join the board!**
- **Childcare provided during meeting  
Food & Beverages on us!**

# Upcoming Training Opportunities

## Little Warriors - Prevent It! Taking action to stop child sexual abuse

<https://littlewarriors.ca/prevention/workshop/>

### About the Workshop

The Prevent It! Taking Action to Stop Child Sexual Abuse workshop was developed by researchers in the department of Psychiatry at the University of Alberta, utilizing leading scientific evidence, and in close collaboration Little Warriors. The aim of the workshop is to teach adults about child sexual abuse, with a focus on helping adults develop tools to reduce children's vulnerability to sexual abuse. The Prevent It! workshop educates participants to STOP child sexual abuse by using the following steps: **Study, Talk, Observe and Prepare** for action

Register online free : <https://docs.google.com/forms/d/e/1FAIpQLScfLFIHU1FvgTa2LntLN1kdItpJET72krHjIHBz3QgHsS5eig/viewform?c=0&w=1> link is also available on the website for easier access.

A selection of various topics. Can be purchased and completed online for \$15/course or purchased in a package. Many topics to choose from and completed online during your own time.

<https://www.workshopsonearlylearning.com/workshop.php>

Workshop titles include:

Play, Child Behaviour, Helping Children Express Anger Appropriately, Perception and Motor Control, Music is All Around us, Playing with Simple equipment. See website for full listings

32 offerings that may take between 2-3 hours to complete and they award a certificate once completed.

### Workshops on Early Learning

Workshops on early learning for early childhood educators and responsible adults

THESE WORKSHOPS ALLOW EARLY CHILDHOOD EDUCATORS IN BC, SOME CANADIAN PROVINCES AND US STATES, HOURS TOWARD THEIR PROFESSIONAL DEVELOPMENT TO RENEW THEIR LICENSE TO PRACTICE.



## Keeping Kids Safe: Confidently fulfilling the Duty to Report

Alberta Health Services

Available online until: February 27, 2020 - 6:00 PM

Child abuse is a serious, pervasive and complex issue experienced by approximately 1/3 of Canadians. All adults who work with children and youth have an obligation to report suspected abuse. Talking with a child or youth about suspected abuse or making a report is often very stressful. Knowing what signs to look for, how to respond and what to expect when you report can help make this difficult situation more manageable. This session is designed to increase the capacity of adults who work with children and youth to:

- Recognize behavioral and physical signs of potential child abuse
- Respond to children and youth who disclose or give subtle verbal clues
- Confidently report suspected child abuse.

Register at: <http://community.hmhc.ca/sessions/?p=online>

**The next provider meeting will be held  
in September 11, 2019 6:00-8:00pm.**

**The meeting will be at the Dover  
Community Center 3133-30 Ave SE,  
upstairs.**

**This meeting is our annual Multi-Cultural  
Potluck! Please bring a dish from your  
heritage, culture, or childhood to share.**

**We will also be discussing exciting news  
about the ASQ Pilot Project!!**

**Please submit your RSVP to the  
meeting by September 6,2019 so we  
know how many people to expect  
including if you need childcare.**

**See you then!**

## Back to School Questions other than "how was school today?"

These questions can work with pretty much any age of child and will have the children a little more thoughtful about their day while also allowing them a chance to open up to you about what is important to them.

Teach me something new you learned today.

Were there any moments today when you felt proud of yourself?

Is there a question you wish I'd ask you about

Did you do anything nice for anyone today?

What are you looking forward to tomorrow?

For more questions and to read a more detailed article see: <https://www.edutopia.org/blog/parents-fifteen-questions-replace-how-was-school-today-elena-aguilar>

## A few different Multi-cultural ideas to explore in your day home

### Multicultural Game from Thailand: Takraw

Takraw is similar to the U.S. game hackysack. A takraw is a ball about the size of a grapefruit made from woven rattan, and it's quite hard. Players stand in a circle and pass the ball around, using their heads, feet, legs, and shoulders. They can't use their hands.

Taken from: <https://www.kidactivities.net/diversity-games-and-school-ideas/>



Just like what we are doing with our provider meeting you could host a family potluck at your day home where all of your families bring a cultural dish to enjoy OR they could bring a recipe of their favourite family cultural dish. A great way to also incorporate the families into the day home events.

There are some unique and fantastic ways to incorporate multiculturalism into your home and encourage different language sharing between children and families. Many of them you are already doing in your day home. This one however looks like an excellent way to incorporate more culture and language.

This website [nunutoys.com](http://nunutoys.com) has these blocks available for purchase in the following languages: Spanish, Portuguese, Farsi, Italian, Hindi, Hebrew, French, Chinese, Arabic.



<https://www.nunutoys.com/toys/block-construction/wooden-blocks/language-blocks.html>