

Children's Choice Community Child Care Services

Parent Newsletter
March 2020



Day care News

Important Date

St. Patrick's
Day
March 17th

St. Patrick's Day is a global celebration of Irish culture on or around March 17th. It particularly remembers St. Patrick, one of Ireland's patron saints, who ministered Christianity in Ireland during the fifth century.

What do people do? St. Patrick's Day is celebrated in many parts of the world, especially by Irish communities and organizations. Many people wear an item of green clothing on the day. Parties featuring Irish food and drinks that dyed in green food color are part of this celebration. Many restaurants and pubs offer Irish food or drink, which include:

- Irish brown bread, corned beef and cabbage, beef and Guinness pie, Irish cream chocolate mousse cake, Irish coffee, Irish stew, Irish potato soup

Symbols The most common St. Patrick's Day symbol is the shamrock. The shamrock is the leaf of the clover plant and a symbol of the Holy Trinity. Many people choose to wear the color green and the flag of Republic of Ireland. Other Irish-related symbols seen on St. Patrick's Day include a mythological creature known as the leprechaun and a pot gold the leprechaun keeps hidden.





Sunday March 8, 2020

Board Meeting

If you would be interested in finding out how the day care works, you can join the Parent Board at any time. Or if you find you are too busy to commit a specific amount of time, you are welcome to come to any Board Meeting you would like to. The Board consists of Parents just like you and they meet every month. Please call the Day Care and talk to Ronda or Bridget if you would like more information. 403-273-6360.

The next Board Meeting will be at 6:00 on Thursday March 19th, here at the Day Care.



"Alone we can do so little, together we can do so much."

First Day of Spring!

In 2020, the **spring equinox** (also called the March equinox or vernal equinox) falls on Thursday, March 19, which is earlier than it's been in over a century! This event marks the astronomical **first day of spring** in the Northern Hemisphere.



Crocuses are a sure sign of Spring

THE EARLIEST SPRING IN MORE THAN 100 YEARS!!!



It is our belief that a childcare program should meet the needs – intellectual, physical, emotional, creative, and social of the individual child. We believe that

children have their own rate of development and that our role is to support that unwritten timetable of individual growth. We respect that children need to make choices, develop skills and be as independent as they are capable of being. Thank you from everyone at Children's Choice, Sangeeta, Rita Mae, Vilma, Zunaira, Kayley, Jeannette, Jennifer, Thu, May, Jaime, Jesa, Ronda and Bridget

SAFETY NEWS

This is a monthly newsletter and contains information and tips on safety related matters.

Tom McNair

Issue February 2020

Welcome to Safety News.

This is a monthly newsletter and contains information and tips on safety related matters.

Please note that I DO NOT test, or are paid to advertise, support any items, products or services shown in these newsletters. Readers must form their own opinions, do their own testing and or research and are responsible for their own security, safety etc.

In this issue

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Coronavirus safety tips

The panic about this is getting out of hand and we need to just slow down and think for a minute. At present, it is not as bad as a flu going around and the chances of getting it are very slim. We are in more danger from the flu than the Coronavirus.

Simple precautions will make it a lot safer for you and your loved ones. Doing the following makes it safer for us all.

1/ Do not go to work if you feel ill or have a fever and do not permit your employees to come to work if they or a family member feels ill. This should also apply even if there is no chance of it being the Coronavirus.

2/ Wash your hands This cannot be stressed enough. Day care workers are already in a position of catching something such as a cold etc. from children so they should be washing their hands a lot anyway. Double or even triple the amount of time everyone should wash their and the children's hands.

These simple precautions will reduce the risk of catching the Coronavirus or the flu.

Vehicle safety

Make sure the child seat is still up to date and buckled in correctly.

Place your cell phone or other needed item next to the child seat after the child is buckled in. This means that the child won't be forgotten when you get out to go to work.

Keep your car locked and windows and windows up when you are home. This ensures that children cannot get into it to play hide and seek.

Before departing for any reason, do a walk around to check for children or animals playing underneath or in the engine compartment.

Stop driving distracted. Text messaging increased the risk of a crash or near crash by two times and resulted in drivers taking their eyes off the road for an average of 23 seconds total.

Have you read your vehicle owner handbook? No, I mean really read it? Believe it or not there is something to learn from really reading it. For example, what is the VIN number or what is the correct tire size or what is the correct type of oil?

Or, what is the fuse size for the car radio?

What about child seat restraints? Did you read the book before you put the seat in or just did it because you saw where the 'hooks' went?

Here's a tip, grab a coffee and sit and read the manual. You might learn something which will save a life.

Do your homework. Your car seat manual is full of information and teaches you about the various parts of the car and what they do. It also gives installation instructions.

A special note about guns

Whatever your thoughts about guns in the home are, that is your affair. I personally do not like it and I speak as a veteran. However here are a few tips on gun safety.

Children as young as 3 years old have the strength to pull the trigger on a handgun. Some may even be strong enough to fire a rifle.

Some parents believe that their children do not know where a weapon is stores. Not true.

Keep guns out of sight and secured in a lockable gun safe.

When a gun is not being stored, always keep it in your immediate possession and control. Otherwise, store the gun unloaded, locked and separate from ammunition.

Make sure that your children are safe when they visit relatives or friends who may have weapon in their homes.

Talk to the grandparents and parents of your children's friends about guns in the home and how to safely store and secure them.

If you decide you no longer need or require the weapon, then please follow the law for safe disposal. If you are not sure, contact your local police station.

If you decide that you no longer need a gun in your home, dispose of it in a safe way. Consult with local law enforcement on the best way to do so.

calgary reads



Our story

Once upon a time...

We asked ourselves a question, "What if every child had the opportunity to read with confidence and joy?"

We imagined a world where reading flourishes and every child has the literacy skills to learn something new, travel the world, and find inspiration, connection, and comfort – all within the pages of their favourite books. In 2001, we set out to turn that dream into a reality and we've been working hard to make that happen ever since.

Ours is a story of collaboration, with schools, educators and community partners who work with us to offer programs, events and resources that nurture a love of reading. Together, we are igniting a movement to strengthen literacy and give children a brighter future.



"We try to inspire reading in all kinds of places with all kinds of people in all kinds of ways."

Stacy Collyer

Calgary Reads Founder and Executive Director

Check us out at Calgary Reads,
book an appointment and come
and visit. It's free.