

Children's Choice Community Child Care Services

Parent Newsletter

June 2021



Important Dates this month:

June 5, 2021
- World
Environment Day

June 20, 2021
- Father's Day

June 21 -National
Indigenous
Peoples Day

Educator Spotlight

Angela Bernal Cabili

Hello,

My name is Angela Ann Bernal Cabili.

My life is unique because I love to be around kids. I enjoyed helping them to meet their needs. I graduated with a Bachelor of Secondary Education back home. I started working in Elementary School for 1 year back home, and then came to Canada. In Canada, I worked as a Supervisor in Daycare for 2 years. I then decided to work from home, to take care of my own children and other kids. Now, I have been happy running a DayHome for 5 years and I am so grateful because they are my passion, and happiness in my life. In my Day home, I offer happiness, healthy foods, healthy snacks, indoor activities, and outdoor activities, reading books, singing, dancing, arts & crafts, and all basic needs. The most unique thing that I include in my DayHome is my special feeling of fun, passion, joy, and love. I am so grateful since I started my DayHome in 2016, the kids I cared for are still with me now. I appreciate all the parents that trust me, thank you to all parents you make my heart happy and encourage me to be a better educator. I am thankful also to the Children choice team for their support and care to their educator. I appreciate all your hard work.



AGENCY REMINDERS

Keeping Up to Date

Please advise the office and your day home educator in writing whenever changes occur in:

- Address and telephone number
- Place of work and business phone number
- Emergency contact person(s) and phone number(s)

Outdoor Play and Weather Policy

When temperatures are 30 degrees and above, outdoor play will be limited to short periods of time. Shade will always be provided. Educators will ensure children have applied sunscreen and when necessary assist the children. Water will always be available during outdoor play in hot weather. All children must have appropriate clothing for the hot weather. Hats and light loose clothing are preferable.



First Aid Kit Fundraiser

You have until June 11th to purchase a kit if you have not purchased one yet and would like to!!

There are two different size options to choose from:

1. **Small first aid kit - \$10.** This size comes in a hard-shell container that is a great size to throw in a bag or stroller. It comes with a variety of different types of bandages (30 total) and a pack of antiseptic wipes. The container can be refilled and re-used as needed.
2. **Large first aid kit - \$25.** This kit comes in a water-resistant bag that is perfect for the car, home, workplace, or camping trip. It comes with 20 assorted bandages, an ice pack, an eye pad, a tape role, a finger bandage, various sizes of conforming bandages, antiseptic wipes, gauze, hand wipes, scissors, and a First Aid Manual.
3. To purchase a kit,

The kits will then be delivered to your home.

E-transfer is our preferred method of payment childrenschoice@childcarecalgary.com and type "fundraiser" in the message area.

Thanks!!



8 Ideas for Summer Fun At Home With Kids

It's summer, school's out and suddenly all of your kids are home way more than usual and you find yourself looking for ways to keep them happy without setting them in front of a screen!



Try these 8 fun activities that you can do with your kids.

I hope this give you some inspiration or items to do and add to your family's summer activity bucket list!

1. Hunt for Bugs
2. Set up a backyard obstacle course and time each other.
3. Make a ring toss game out of paper plates.
4. Make cookies using an illustrated recipe.
5. Backyard Treasure Hunt.
6. Fill the bucket relay race.
7. Plant your favorite flower in a pot then take care of it and watch it grow.
8. Make a card for Father's Day.



Father's Day

A day to honor Dad. NO. Rather, it is a day to enjoy time with Dad and appreciate all he does for you. What Dad really wants is healthy, happy, and successful kids. And he wants you to spend a few moments with him on Father's Day.

WHO KNOWS FATHER BEST?

Who really knows Dad the best? Have dad privately fill out this questionnaire as an answer sheet, while everyone else fills it out with their best guess. Have Dad read his answers aloud, while players score their sheet. Whoever gets the most right wins!



1. If Dad could only eat one food for the rest of his life, what would it be? _____
2. If Dad won a million dollars, what's the first thing he would buy? _____
3. If Dad had a surprise day off from work, what would he do? _____



4. What is Dad's favorite kind of car? _____
5. What was Dad's favorite TV show growing up? _____
6. Who is Dad's favorite actress? _____
7. What kind of music did Dad listen to as a teenager? _____

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Come Celebrate National Indigenous Peoples Day!

On June 21, you and all your friends are invited to a very special celebration! That date, the first day of summer, has been chosen as **National Indigenous Peoples Day!**

In 1996, the Governor General of Canada, Roméo LeBlanc, proclaimed it National Aboriginal Day! It's an opportunity for everyone to celebrate the cultural richness and contributions of **First Nations, Inuit, and Métis** peoples. In 2017, the Prime Minister announced the day would be renamed **National Indigenous Peoples Day.**

Why June 21? For centuries, many of the first inhabitants would celebrate the arrival of the warm weather and the pleasures of the summer solstice. The summer solstice is

the day of the year with the longest light. It is a day with spiritual significance for many people and is a good time to celebrate Indigenous people and cultures.

Activities for **National Indigenous Peoples Day** are organized across Canada every year. You can take part by getting in touch with an Indigenous community or a local Indigenous organization, or by organizing your own activities with your relatives and friends. For more information about the day's activities, you can visit Canada.ca/national-indigenous-peoples-day.

National Indigenous Peoples Day is for all Canadians, so share in the celebration.

