



Day Care News

We will be closed on Friday, September 29th in lieu of National Day for Truth, and Reconciliation.



A national day to commemorate the history and legacy of the residential school system honours the resilience, dignity and strength of survivors and intergenerational survivors and remembers the children who never came home. It's a chance to engage and educate people about Alberta's colonial history and how it has impacted Indigenous communities.

This day is a new federal statutory holiday and is marked to reflect on the history of the residential school system – and the discoveries of many unmarked graves.

Over the course of more than 100 years, some 150,000 Indigenous children were ripped from their families and forced to attend church-run residential schools, where many suffered physical and sexual abuse, malnutrition, and neglect. More than 4,000 are believed to have died. The date of September 30th is to mark **Orange Shirt Day**, an unofficial day that has been observed since 2013 in memory of an orange piece of clothing then-six-year-old Phyllis Webstad had taken from her on her first day at a residential school in 1973.





We would like to say Happy Birthday to Maverik, Marianna, and Uriel, who will be celebrating their birthdays this month. We hope you have a *really nice birthday*

Greetings to Leo, Aoife, Syleha, Norah, Marianna, Lawrence, Mikayla, Tajmira, and Leisha

Welcome to Children's Choice, we are so happy to have you here!



An easy and fun, fine motor activity you can do at home!

TONGS: Work on scissor skills and develop hand strength by practicing the "opening and closing" action with small "ice cube" tongs or tweezers. Add pom poms, blocks and small toys to practice picking thing up; use different containers to practice sorting by colour, size, number, etc.



SILLY ANIMAL TOAST



Board Meeting – If you would be interested in finding out how the day care works, you can join the Parent Board at any time. The Board consists of Parents like yourself and they meet monthly, except in July, August, and December. The Society is always interested and open to parent suggestions:

board@childcarecalgary.com.

If you would like to attend a board meeting, please contact Ronda at 403-273-6360.

Our next Board meeting will be on Thursday September 28th. If you would like to join us, we will be meeting here at the Day Care at 6:00. If you need Child Care, we can provide it. Please give Ronda a call at 273-6360 and arrangements will be made for you here.



It is our belief that a childcare program should meet the needs – intellectual, physical, emotional, creative, and social of the individual child. We believe that children have their own rate of development and that our role is to support that unwritten timetable of individual growth. We respect that children need to make choices, develop skills and be as independent as they are capable of being.

Thank you from everyone at Children's Choice

Room 1: Zita, Evelyn, Jesa, and Jaime

Room 2: Zunaira, Thu, and Vilma

Room 3: May, Jennifer, and Sangeeta

Day Care Program Coordinator: Ronda

Executive Director: Bridget

Hello September

Room #1

Dear parents,

September is here with the news that we are saying bye to summer and welcoming the beautiful colours of fall.

Room 1 children enjoyed summer with lots of fun outside activities such as exploring different community parks, picnic lunches, bubbles, camping activity and lots of water play too.

Welcome and Goodbye!

We had many new children start in the summer and a couple children moved to Room 2. We would like to **welcome** our new family members to Room 1: **Syleha, Leo, Marianna, Aiofe and Norah** and say **goodbye** to our old friends: **Naiah, Rumi, Kash and Orion**.



📍 Marianna – September 19 (1 year old)



September's Special Activities

Fine motor activities

- Playing with fall scented playdough
- Leaf matching
- Putting felt leaves on a tree

Welcome fall on first day of fall, September 22nd by planning special fall event

- Corn on the cob with cheerios
- Collecting fall leaves
- Painting with fall colours
- Leaf suncatcher craft
- Handprint leaves painting



Science experiments and activities:

- Fall sensory bin
- Nature walk
- Sinking and floating activity

September 30th – National Day for Truth and Reconciliation to recognize and honour the Indigenous and First Nation Children

- Orange shirt day
- Painting with the colour orange



Room 2

Dear Parents,

Mornings are now getting a bit chilly, and a lot of leaves are slowly falling to the ground already. Fall is almost here! The children had a fun summer playing in the bouncy castle, blowing bubbles and lots of water play too!

Special Fall Activities

- ✿ Fall arts and crafts using natural materials
- ✿ Painting with fall colours
- ✿ Making a fall wreath with leaves
- ✿ Observing the leaves change colours
- ✿ Pinecone painting
- ✿ Fall collage

Dates to remember and celebrate

- 🍁 September 4 - Labour Day
- 🍁 September 16 - Mexico's Day of Independence
- 🍁 September 10 - Grandparents Day
- 🍁 September 21 - International Day of Peace
- 🍁 September 30 - National Day for Truth and Reconciliation

We wear orange to remember and honour the little lives that should have been. The little ones that should have been safe and loved at school. For every little spirit that matters, we wear orange to honour you.

September



👤 September 4 – Maverik Hann

Welcome and goodbye! 🙋

We would like to say goodbye to Supremo, Blake, Rosalyn, Lexi, Uriel, Noah, and Barrett who have moved to Room 3.

Welcome to Rumi, Naiah, Olivia, Kash, and Orion to Room 2 (moved from Room 1)

Welcome our new friends, Tajmira and Leisha!



New Room 2 Team: Vilma, Thu, and Zunaira

We look forward to having lots of fun and learning experiences together!

ROOM 3

September

Dear Room 3 families,

We would like to thank our parents for their supports this year, we could not have done it without you! We had lots of fun this summer with exciting activities. We hope that everyone enjoyed it as much as we did. Now that Fall is here another busy school year has begun, we are sad to wave Goodbye to our preschool friends who have gone off to Kindergarten and we welcome all of our new friends who have joined us. We will help you, support you and hope you have a great journey with us.



- Uriel Joao
(September, 9th)

***Welcome our new children to room 3**

Supremo, Blake, Lexi, Uriel, Barrett, Rosalyn, Mikayla, and Lawrence

Activities in September

1. Reflect on our classroom rules
2. Introduce my family
3. Walking in our community, exploring weather changes
4. Exploring Fall Colors- Make Fall Sensory Bin
5. Draw myself and my friends-Understanding of others
“Truth and Reconciliation Day”-
“Who I am and Who we are”



September 30th – Orange Shirt Day
“National Day for Truth and Reconciliation”

We teach our children about Indigenous Canadians, their stories, and their history. Children, as we know, have the capacity to Bridge communities and generations and through learning can stand up for a more equitable future for all children.

The Educators in Room 3

May Baek

Hello,
I have been working at Children's Choice for 13 years and I spent most of the time working with the older preschoolers and kindergartners. I love helping young children to develop their potential skills and especially, I am working on each child's self-regulation which means I focus on each child's emotional needs. I took the Alberta Framework from McEwen University and I have been trained by the coach from GRIT for almost 2 years. I believe that my professional skills could help the children who need to develop their emotional skills as well as supporting them to meet all their different needs. I hope our children will have the best experiences with us in room #3.

Sangeeta Rai

I am an Early Childhood Educator in room 3. I have over 20 years of experiences in Childcare. I grew up in India and worked as a Music teacher before moving to Canada. I've been working with Children's Choice for the past 13 years. I love my job and enjoy connecting with children and shaping their young minds for a better tomorrow. My husband and I have been married for the last 37 years and we have a son and a daughter who is married and has 2 beautiful girls, Rumi and Norah who are also going to this daycare. I love spending time with my family, travelling, and playing music.

Jennifer Lachica

I'm from the Philippines, and graduated in B.S. Elementary Education, Concentration n Early Childhood. I moved here in Canada in 2011. I'm married and have 3 beautiful children. I have 4 years experience teaching in a Government School back home, and 9 years here with 0-4 year olds in Canada.

-Certification and Experiences-

Certified Montessori from (North American Montessori Centre) and completed the New Curriculum Framework Course from (MacEwan University) and continue learning from various training for Self-Development.