

Children's Choice Community Child Care Services

Parent Newsletter
November 2023



News from the Program

Important Dates:

- ◆ No School for St. Damien- Wednesday, November 1st and November 24th
- ◆ School Break for West Dover- Thursday-Tuesday, November 9th-14th

Last month, we had the Annual Multi-cultural Potluck Night, and it was very well attended. Thank you to all families who supported us. We also had a Costume Party for Halloween.

Children's Choice Philosophy is that a childcare program should meet the needs -intellectual, physical, emotional, creative, and social of the individual child. We believe that children have their own rate of development and that our role is to support that unwritten timetable of individual growth. We respect that children need to make choices, develop skills and be as independent as they are capable of being.

One of our goals as educators is to help children develop essential life skills. How can we achieve this? By providing activities that could challenge not only cognitively but physically; thus, incorporating Risky Play in our programming.

Risky play is a crucial aspect of childhood development that often raises concerns among parents and caregivers due to its potential hazards. However, this type of play is fundamental for children's growth and learning. By engaging in risky play, children learn to navigate and assess risks, enabling them to develop essential life skills such as problem-solving, decision-making and resilience. It involves activities such as exploring heights, climbing trees, rough-and-tumble play or even experiencing minor injuries. These experiences contribute significantly to a child's understanding of their capabilities and limitations, fostering self-confidence and autonomy. Despite of the potential dangers, risky play allows children to manage risks, leading to better risk assessment and decision-making abilities in the future.

Furthermore, risky play offers children opportunities to explore their physical boundaries and develop their cognitive abilities. When children engage in activities that involve risk, they are encouraged to think critically, analyze situations, and make split-second decisions, all of which contribute to their cognitive development.

This type of play also fosters creativity and innovation as children devise their ways to navigate and overcome challenges. Encouraging and allowing children to engage in risky play under supervision facilitates a balance between safety and exploration, helping them to build confidence, improve physical skills, and learn the consequences of their actions. Conclusively, the experience gained from risky play is invaluable in shaping well-rounded, capable, and resilient individuals.

November Birthdays:

- ◆ 1st - Mia
- ◆ 14th - Jason
- ◆ 24th - Louis
- ◆ 28th - Kendall
- ◆ 29th - Cove

