

MONTH _____

OUTDOOR PLAY RECORDING SHEET

Time	Walk – W							Field Trip – F														Park – P										
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
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Place a letter for the activity you conducted (Example: you went for a walk to the park, you would place a “p” in the box on the date and time you did this activity